



Spectrum Services Safety Precautions in Effect During Pandemic

Spectrum is taking the following precautions to protect our patients and help slow the spread of the coronavirus.

- Office seating in the waiting room and in therapy/testing rooms has been arranged for appropriate physical distancing. Please distance yourself with as much space as possible between others.
- We ask that clients only come into the waiting room 10 minutes prior to appointments and that family members (who are not the parent) not accompany clients into the building unless necessary. If anybody in addition to the parent(s) (i.e. sibling) will be accompanying clients, please notify your therapist or group leader.
- Spectrum Staff wear masks in all common areas.
- Masks are required inside the treatment rooms.
- Spectrum staff and clients are asked to maintain safe distancing (6 ft of personal space).
- Restrooms will be open for use and are sanitized regularly.
- Hand sanitizers that contain at least 60% alcohol are available in the therapy/testing rooms, the waiting room, and at the reception counter.
- We schedule appointments and groups at intervals to minimize the number of people in the waiting room, hallways, and restrooms.
- We ask all patients to wait in their cars or outside until no earlier than 10 minutes before their appointment times.
- Credit card pads, pens and other areas that are commonly touched are thoroughly sanitized after each use.
- Our practice is "paperless" to avoid necessary contact. Please use our secure portal to complete enrollment forms.
- The water dispenser is still available for use. Clients are encouraged to sanitize their hands before and after using the dispenser.
- Tissues and trash bins are easily accessed. Trash is disposed of on a frequent basis.
- Common areas and therapy/testing rooms are cleaned regularly and thoroughly disinfected daily.
- The office is professionally sanitized twice weekly.
- In an effort to minimize shared objects, we ask that families bring toys from home for their children. We will still have therapy toys available for use and have procedures in place to disinfect them between uses.

In an effort to make Spectrum as safe a place as possible, please do **NOT** attend your scheduled meeting if:

- You (your child) is feeling ill or has any symptoms of COVID-19 (i.e. scratchy throat, cough, fever, etc.)
- If you (your child) has been identified as a close contact to somebody who has tested positive for COVID-19
 - For Spectrum's purposes, a "close contact" is somebody that you were with for more than 15 minutes, within 6 ft, unmasked or incorrectly/inadequately masked (family members almost always qualify as a close contact)

For the most up to date information regarding how long you should quarantine, before resuming in person services, please refer to the CDC guidelines, using the link below. If you have questions about your personal situation, please also check with your individual therapist for their preference.