



Social Skills Instruction

Beyond Skills Training

Spectrum social skills groups go beyond skill acquisition to help students achieve performance fluency in a more natural context. By carefully matching peers with similar skills and needs, we set the stage for opportunities to practice social skills in a safe, nurturing, and fun environment.

Collaborating Minds

Spectrum's unique approach to social skills instruction pulls from multiple therapeutic and educational fields including, speech, education, recreation, behavior, and counseling. Our staff is highly educated, trained, and experienced in their own specialty fields bringing skills and knowledge to our team that no one specialist can offer. By collaborating, Spectrum brings the best of all research and evidenced based practices to our classrooms.

Integrating Approaches

Spectrum's instruction integrates the best approaches from a variety of education, behavior, recreation, and mental health fields. Curriculum for each group is carefully selected and activities are designed to intrigue and engage our students. Our instructional strategies are unique in our utilization of direct instruction followed by activity based reinforcement and practice.

Lasting Progress

Spectrum's social skills groups do more than teach skills, we offer an opportunity for students to connect with others who share their unique gifts, interests, and challenges. Through group peer support, our students make lasting progress.

To Apply -

Complete an application and submit as soon as possible. Groups are created as applications are received and appropriate peer groups can be formed. Meeting day/time is based on client's schedule availability AND final group placement by group administrator. Applications can be submitted online at www.spectrumsocial.net. You may also email Info@Spectrumsocial.net and request an application be sent.

About Our Groups

Spectrum offers a variety of social skills groups for people age 6 to adult. Each student is carefully placed with peers who share similar social goals. Our careful intake and placement process is designed to create peer groups that enhance the learning experience of our students.

School Age Groups -

- Students from 1st through 12th grade attend one hour groups one time per week. Lessons focus specifically on the needs of the peer group as a whole. Using thoughtfully crafted lessons and activities students explore social challenges and solutions based on real life experiences and needs.

Adult Groups -

Focused on the social needs of adults including challenges they may experience at work, in post-secondary education programs, in their interpersonal relationships, and more.

Transition To Adulthood -

Students in the 18 to 22 age range who are transitioning from high school to post high school life (college and/or work; independent living) explore relevant social, organizational, and independent living challenges and solutions.



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