



# SPECTRUM Services

“Helping **you be the you** in this social world we live in”

## PSYCHOTHERAPY SERVICES

Spectrum offers counseling sessions for individuals, couples and families seeking lasting answers to their emotional needs and the barriers preventing them from reaching their full potential.

### **Collaborative Solutions**

Spectrum therapists focus on providing collaborative solutions for individuals with social anxiety and social communication challenges, including those diagnosed with Autism Spectrum Disorders, Giftedness, Asperger’s Syndrome, Attention Deficit Disorder (ADD/ADHD), and Non-Verbal Learning Disorder (NVLD).

### **Qualified Therapists**

Our Therapists’ credentials include fully licensed Clinical Psychologists (PhD), Licensed Professional Counselors (LPC), Licensed Clinical Social Workers (LCSW) as well as student therapists and provisionally licensed therapists. Spectrum therapists work as a collaborative team to blend expertise and meet the full needs of our clients.

### **Affordable Treatment**

Cost management is important to our clients and it is important to us. We keep costs lower through private pay services and offer clients a variety of therapeutic service levels to meet their health and financial needs. Fees range from \$65 for student level therapists to \$150-\$225 for fully licensed practitioners. We can discuss your specific needs during an initial phone consultation.

## Real Guidance Right Now

To get started – call Amanda Pena, LPC at 512-524-5482 to discuss your goals. If anxiety or time factors make phone conversations difficult, you can also email [Amanda@spectrumsocial.net](mailto:Amanda@spectrumsocial.net).

**To learn more about Spectrum Social and Recreation Services please visit our website at <https://www.spectrumsocial.net> or call the office at (512)524-5482**